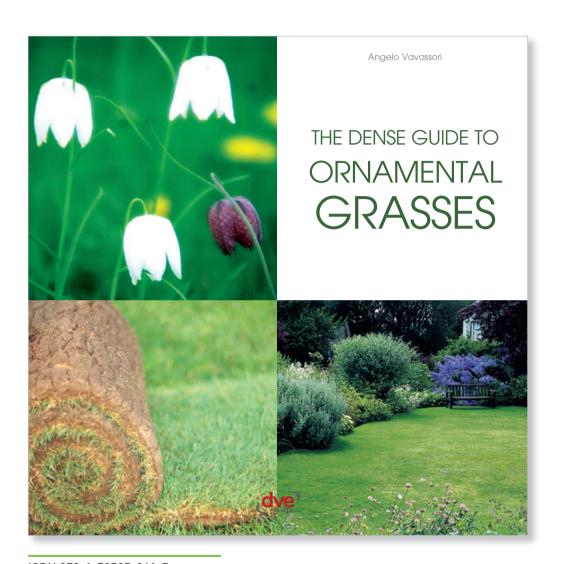


# **HOME & GARDENING**

alph Waldo Emerson, the famous writer and original appreciator of all things natural, believed all human grief and sorrows become dwarfed by simply stepping outside and soaking in the natural world around us. His words still ring true for nature-lovers everywhere who know the universal joy and happiness that fresh air, sunlight, and fresh food provide. No matter where you live, you can surround yourself with the natural wonders that the world has to offer, and sink your fingers into the soil to add beauty to the world in which we live. Regardless of your skill level, a pruning professional or a gardening neophyte, you can bring the garden of your dreams to your terrace, learn the ancient art of bonsai, and cultivate your own vegetables. Dig in and experience the balance, tranquillity, and creativity that is waiting to bloom.





ISBN 978-1-78525-261-7 Format 180 x 180 mm, 96 pages 14,000 words

The ornamental lawn plays an important decorative and aesthetic role in gardens and landscapes. But it is often considered as a 'neutral' space for other plants and flowers, and we don't truly appreciate all that it can offer.

Dedicated to those who love the green expanses of a lawn, this book presents the characteristics of the most suitable turf grass species and explains all the necessary steps to properly prepare the soil and get the maximum return.

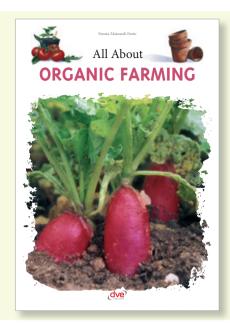
In this practical guide, complete with photographs and illustrations, you will also find tips and tricks to keep your lawn in perfect condition without making great efforts.

### ISBN 978-1-78525-292-1 Format 170 x 240 mm, 144 pages 15,000 words

Pesticides, herbicides, and chemical fertilisers are elements that attack the environment. Organic farming recovers the traditional and, especially, natural gardening methods, proving that an organic fertiliser can be as effective as an artificial one and that there are plenty of recipes of pesticides based on plants and decoctions. The true learning gardener, with or without experience, who wants to work in harmony with nature using its many resources, will discover in this book the following:

- How to choose and prepare the soil for crops.
- Different types of fertilisers: mineral or organic.
- Cultivation of vegetables and fruit.
- Pruning and grafting.
- Fact sheets for all garden and orchard plants.

Organic farming, which ensures the quality of fruits and vegetables and respects the ecological balance, will help us rediscover the true taste of nature's bounty.



### ISBN 978-1-78525-275-4 Format 145x205 mm, 48 pages 10,000 words

If you are thinking of creating a rock garden, in this book you will find all the information needed to identify and select the most suitable plants for this type of garden.

You will also discover some tips to arrange your plants in the right place, protecting them from wind and offering them a privileged exposure.

You can sort the various elements that make up the rockery: rocks, mosses, perennial plants, etc.

In addition, you will learn how to prevent and treat major diseases: cochineal, parasites, etc.

This is an essential book for apprentices and alpine or Mediterranean garden lovers, which includes suggestions to make compositions for gardens, flower beds, and much more.

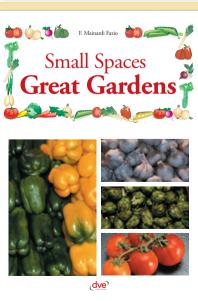
# The practical guide to Pebble Gardens A provided to the provi

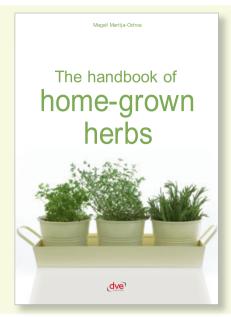
### ISBN 978-1-78525-291-4 Format 170 x 240 mm, 128 pages 22,000 words

Have you ever thought about getting started in horticulture but haven't been able to do it because you don't have a suitable ground for it? Don't worry, this book explains how to grow various vegetables on balconies, terraces, planters, and even in pots.

In a simple and entertaining way you can learn all about the preliminary work to prepare the ground and to organise the terrain according to the plants that you want to grow.

You also have the opportunity to know the easiest varieties to grow, what is the most suitable soil, the microclimate that you must create and the care required for each one. In addition, a handy file will allow you to accurately and effectively complete all the tasks necessary for the proper development of your small garden.





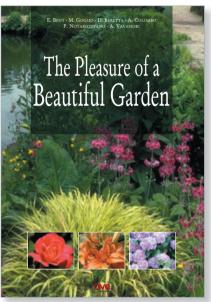
### ISBN 978-1-78525-273-0 Format 170 x 240 mm, 96 pages 22,000 words

Parsley, basil, lemon balm, sage, rosemary, thyme... all these herbs brighten up our dishes. But the ones that we buy from the market and the supermarket have been collected several days ago.

How can we always have fresh herbs at our disposal, then? By growing them at home, of course!

Within this book you will find all the information needed to properly cultivate herbs and aromatic plants in the garden: when and how to plant them, how to maintain them, tips to collect and preserve them, instructions on plant propagation, etc.

And if you have no garden, a windowsill or a balcony, however small, will be enough for you to grow these plants. So do not hesitate; open the doors of your home to herbs and explore their numerous properties.



### ISBN 978-1-78525-452-9 Format 145 x 205 mm, 192 pages 50.000 words

Whether you want to use the lawn for sports, create a rustic or urban garden, cover a pergola with rose bushes, plan a rock garden, or renew a flowerbed...

This book will provide all the keys to carry out any project related to the arrangement and maintenance of the garden, and will offer: Simple and practical ideas to maintain your flowerbeds, lawn and rock garden, and to choose the most suitable rose bushes. Clear and concise diagrams to quickly visualise the various projects. Information sheets to help you choose the most suitable plants for your garden and tips for maintenance and phytosanitary control. In short, a manual in which you will find plenty of tips to make your small green space into the garden that you had always dreamed about.





### ISBN 978-1-78525-451-2 Format 170 x 240 mm, 144 pages 28,000 words

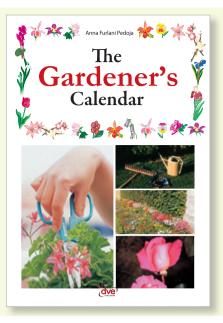
Sunny and windy landscapes, olive trees that sink their gnarled roots in stones and red sand, waterfront terraces dotted by plants with deep aromas, colours, shapes, and flavours combine in countless scenarios so that it is possible for everyone to have their own garden with typical Mediterranean plants.

In addition, this type of garden requires low humidity and infrequent watering, as the plants are adapted to survive in difficult conditions. Moreover, when designing a garden using these plants, maintenance will be reduced, and you will get a more natural effect.

History of the Mediterranean garden, typical climates and vegetation, gardens and parks in which we will find inspiration, green space projects and compositional designs, cultivation cares (from soil preparation to the multiplication of plants), information about general principles, etc.; there is room for all of these topics within this practical, easy-to-read and essential book for anyone that wants to enjoy this type of garden at home.

### ISBN 978-1-78525-276-1 Format 170 x 240 mm, 144 pages 18,500 words

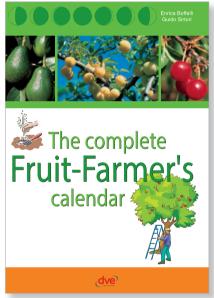
This book not only introduces you to the art of planning a garden, but also gives you a complete overview about the tasks to be accomplished month by month in order to turn your garden into a natural paradise. Moreover, it provides useful information on topics such as composting, watering, pest control, and how to choose the right plant for your garden. Don't miss out on this indispensable guide to sustainable gardening.



### ISBN 978-1-78525-271-6 Format 145 x 205 mm, 144 pages 16,000 words

All tasks must be carried out each month: grafting, pruning, protection against frost and bad weather, new planting, working in the soil, fertilisers, irrigation, disease control and harvest of the fruits.

The book includes extensive comparative tables to evaluate and choose the most suitable varieties for your needs. This is a unique guide that will help you get the best performance from your fruit trees.

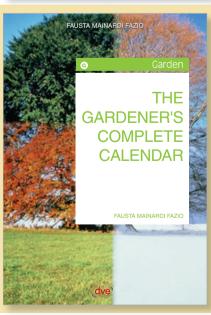


### ISBN 978-1-78525-263-1 Format 115 x 167 mm, 192 pages 30,000 words

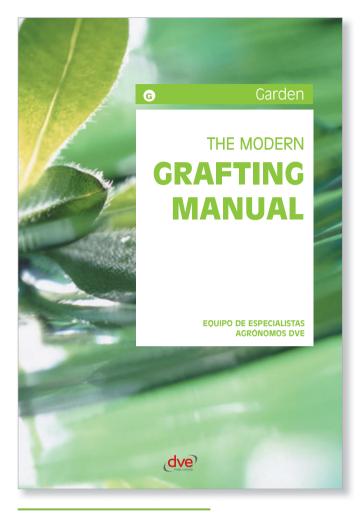
You will be able to learn month after month all that you need to know for an excellent flowering:

- The best planting techniques and a proper use of irrigation will help you have a splendid garden all year round.
- What is the best season for grafting? What is the ideal average temperature?
- When to prune roses? When to plant the flowers that you like?
- Here you will find general tips to design and make a beautiful garden: steps and stairs, fences and walls, lighting trails, wild birds, etc.

With expert advice, a certain sense of observation and a bit of passion, you can transform your garden into a real oasis.

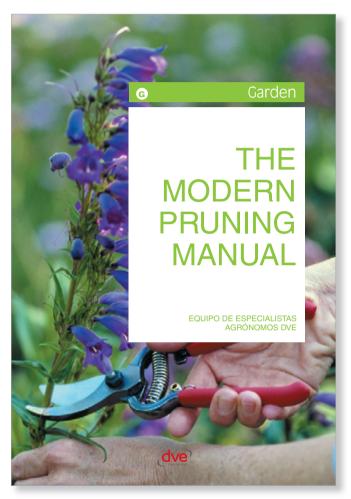


## PRUNING & MAINTENANCE



ISBN 978-1-78525-614-1 Format 145 x 205 mm 124 pages

This is a practical and easy-to-read book, with clear and comprehensive explanations that will help guide both the beginner and the professional farmer. This manual explains the technique needed to perform the different types of grafts. It is designed to help you achieve excellent results and to improve the appearance and performance of your garden.



ISBN 978-1-78525-262-4 Format 123 x 200 mm, 124 pages 11,000 words

This is a comprehensive and practical guide that will help you perform all pruning operations that are difficult and delicate. With these techniques you will get brilliant results that will only get better over time. This book delves into details concerning lighting, curvature, and angles, and it also discusses cutting shoot, stripping of bark, incisions, defoliation, and fruit thinning. These aspects are explained in a clear text, making it very easy to follow the correct procedure for each operation.

### D. Beretta

# The Complete Collection of

# Camellias





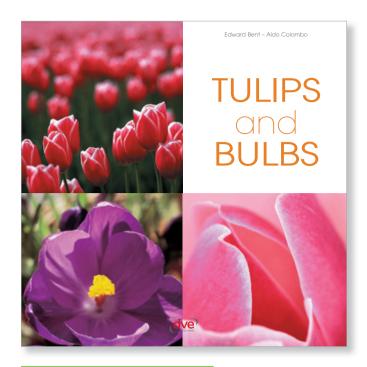


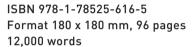




ISBN 978-1-78525-282-2 Format 145 x 205 mm, 48 pages 11,500 words

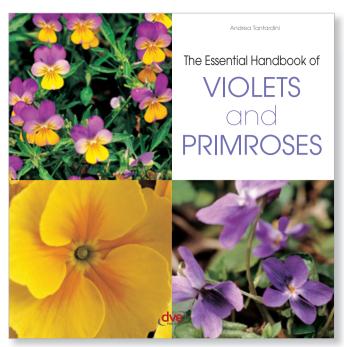
If you feel fascinated by these elegant flowers and wish to know how to grow them, this work will show you very useful information about the various types of flowers and the most widespread species. With this practical guide you will learn to cultivate both potted and garden plants. It also includes numerous tips to treat the most common diseases and suggestions for its reproduction with grafts, seeds or cuttings. Here you have a book where you will find everything you need to know about camellias, with numerous photographs and didactic illustrations.





Since ancient times, bulbous flowers have been highly appreciated and used to beautify and brighten a garden. If you take a closer look at them, you will discover that they are easy to grow, even for the gardeners with little experience; you just need to follow some simple instructions.

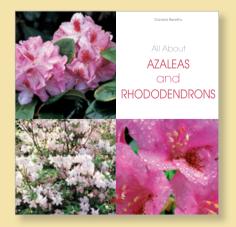
This book offers practical information to fertilise, water, protect, and multiply bulbous plants. In addition, it contains the fundamental notions about the characteristics of bulbs, corms, tubers, rhizomes, and tuberous roots. In this guide you will find the best tips and suggestions for choosing and buying the most suitable plants, as well as how to prevent and treat diseases and parasites.



ISBN 978-1-78525-615-8 Format 180 x 180 mm, 96 pages 12,000 words

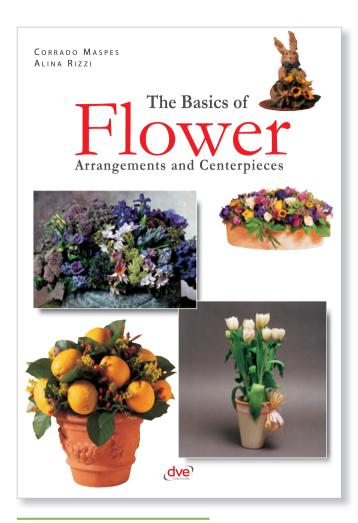
As traditional harbingers of spring, violets and primroses can splendidly adapt to the most diverse climatic conditions; their colourful bloom makes them ideal to beautify the garden and create coloured flowerbeds and lovely bouquets.

In this practical book you will find all the secrets and tips to get to know and appreciate these splendid flowers, distinguish the species and varieties, fight parasites, prevent and, if necessary, treat the most common diseases. This is a convenient manual that will guide you in your journey of choosing and buying these plants and will provide indications about its reproduction and the care they need to grow: planting, irrigation, fertilisation...



### ISBN 978-1-78525-617-2 Format 180 x 180 mm, 96 pages 12,000 words

Rhododendrons and azaleas, which have a great ornamental value, belong to the same genus and can be divided in countless species and varieties. In spring we can witness a spectacular multicolour flowering: the colour gamut, sizes, layout and colour of the leaves are almost infinite; therefore, in addition to the tone of the flowers, it is essential to know its characteristics in order to introduce them in the garden along with other plants. Those who love the strength and beauty of these flowers will find in this guide all the information needed to know the particularities of the different species and make a good choice. Furthermore, you will find a useful guide on how to prepare and fertilise the soil, plant, protect and water the plant with the care that it needs every month.

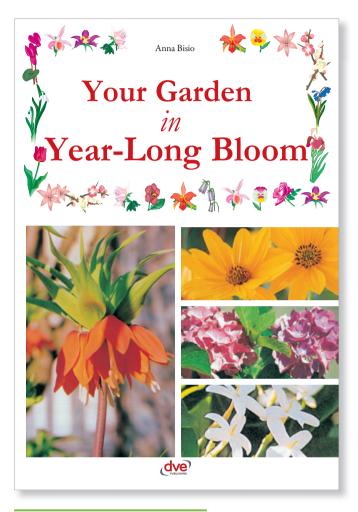


ISBN 978-1-78525-454-3 Format 170 x 240 mm, 124 pages 11,000 words

Here's how to make splendid centrepieces and garlands, beautiful baskets, bouquets, gifts, etc. using flowers, fruits, and vegetables.

In this book you will find ideas for each season: spring and summer decorations, fragranced and aromatic compositions for the house and the table to show them off at any time. Clear instructions are provided to reproduce the models shown and a listing of the flowers and supplementary materials used, even though it is possible to adapt them to the taste of each person and the time availability.

Furthermore, it includes tips on a wide range of containers in which to place the compositions: vases of glass and clay, planters, wicker baskets, and even old cans or simple plastic bowls decorated with moss and leaves that will transform into original and personal objects.

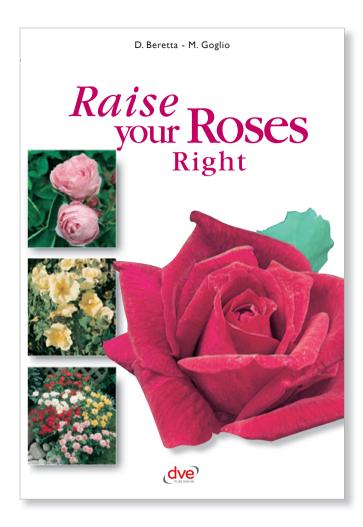


ISBN 978-1-78525-277-8 Format 170 x 240 mm, 172 pages 37,000 words

Is it true that there are plants that bloom in January, February and even in December? Yes, it is. This book keeps the promise of a garden in bloom... all year round!

In this book you will find all the information about any plant or flower regarding flowering, soil demands, sun exposure, use, and planting and breeding techniques. Also you will find something that you will especially appreciate: advice on the possible difficulties of cultivation. The information in the book is completed with a chart containing the flowering period of the plants that give us a full overview.

Furthermore, it includes a general section that reveals the fundamental secrets of gardening, soil treatment, irrigation, planting, layering, cuttings, etc. And if we have a garden in bloom in winter, can you imagine what it will be like in spring and summer?



ISBN 978-1-78525-619-6 Format 145 x 205 mm, 48 pages 12,000 words

This is an illustrated colour book in which you will find all kinds of information about the different species and varieties of roses.

You will be able to choose the roses that best suit your tastes and needs depending on their resistance, shape, and scent.

You will discover tips that any rose specialist needs to know in order to take care of the flowers throughout the year: planting, pruning, cuttings, etc.

You will learn how to prevent and treat major diseases.

Furthermore, for those who want to start growing rose bushes, this book offers some design suggestions for gardens, parks, etc.

A complete guide to flower beds

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ISBN 978-1-78525-455-0 Format 145 x 205 mm, 48 pages 13,000 words

This is an illustrated colour book in which you will find information about the different species and varieties that are used to compose parternes and garden borders.

You will learn how to design parterres, prepare the ground, and install additional elements.

You will find the advice given by specialists on the cares that the plants need throughout the year: planting, pruning, cuttings...

The creation of parternes offers endless possibilities of shapes, colours, and dimensions that will allow you to structure your garden and give it an original and refined touch.

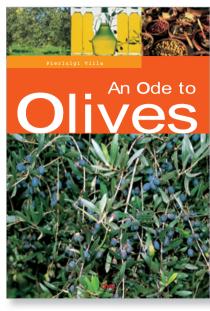
### ISBN 978-1-78525-450-5 Format 170 x 240 mm, 144 pages 27,000 words

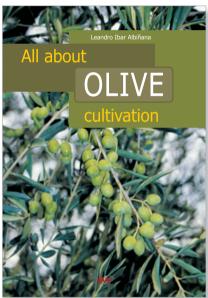
Known since ancient times, olive trees have always been of paramount importance among Mediterranean peoples who considered them sacred – the oil obtained from its fruit was used not only as food, cosmetic, and fuel, but it was also used for religious and therapeutic purposes. The olive tree, a plant characterised by its rusticity, fits many regions with a temperate climate, where it can live for a long time, as can be seen in some splendid ancient trees that are spread throughout the Mediterranean landscape. It has always been very popular for gardens due to the ornamental value of its distinctive silvery top and its twisted trunk. Beyond its decorative value, the fundamental importance of the olive tree is attributed to the discovery of the benefits brought by the oil obtained from the fruit, which characterises the so-called Mediterranean diet. Olive oil is full of healthy components, presented in suitable proportions, that make it easily digestible and which hold up cellular aging and the formation of cholesterol; furthermore, it promotes brain development. Within this book you will find plenty of information regarding varieties, cultivation techniques, diseases and parasites, pruning techniques, harvest and preservation of olives, production, and tips for a proper tasting, and a selection of oils for when we cannot produce it by ourselves.

### ISBN 978-1-78525-270-9 Format 170 x 240 mm, 128 pages 31.000 words

Currently, there are so many varieties of olive trees that we can say that each olive-growing region has its own. This book is intended to be useful to farmers interested in renewing their crops, following the latest technical advances in order to get the most out of their effort. It offers the following:

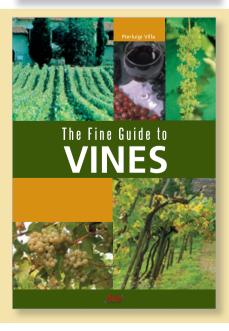
- How to fight the pests that usually attack the olive trees and how to prevent the development of fungi that can ruin the harvest.
- What to do to grow your trees perfectly.
- What are the problems in watering and pruning and what are the most effective techniques.
- How to get a better performance and a better quality production.

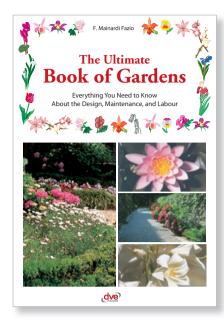




### ISBN 978-1-78525-453-6 Format 170 x 240 mm, 160 pages 45,000 words

Known and cultivated more than 6,000 years ago, the vine is one of the most important plants in the Mediterranean. In a time like ours, where a genuine and artisanal production is valued and the quality of the wines produced is receiving increasing attention, winegrowers need to know how to get healthy grapes and identify its point of ripening. This book provides all the necessary information to successfully grow grapes, and it is useful for both the owner of extensive vineyards and for those who grow a few grapevines as a pastime or hobby. With this book you will learn to select the most suitable vine varieties according to the soil, grafting and planting techniques, the different forms of cultivation, fertilisers and how to fight the common enemies of the vine. In addition, the diagrams and tables will provide accurate information to fertilise properly and to know the main deficiencies and the most appropriate solutions. Numerous and detailed drawings illustrate the morphological characteristics of the plant, the different methods of grafting, the various ways of cultivation, etc. With this practical guide, you will find everything you need to become a real winegrower.





### ISBN 978-1-78525-283-9 Format 170 x 245 mm, 284 pages 75,000 words

Do you have the seeds of a rare plant and want to know how to cultivate it? Here you will find a list of almost two hundred herbaceous plants, with information about exposure, size, characteristics, ideal use, time of flowering, and general information on cultivation procedures.

Do you want to plant trees but want to know beforehand what to expect about the fruits and flowers, size, flowering time, etc.? We offer you extensive tables with all the species that might be interesting for you.

Do you want to know about propagation problems? You will find richly illustrated pages to perfectly understand the examples and procedures. Do you like a particular type of flower: hydrangeas, roses, etc.? We provide specific pages about them full of details. Do you want to create a parterre with a predetermined combination of colours? By reading this book you will know what to do.

Would you like to use part of your garden to grow medicinal plants and get a natural pharmacy outside your home? Open this book...

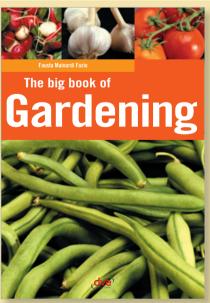






### ISBN 978-1-78525-299-0 Format 205 x 260 mm, 224 pages 36.000 words

Taking care of the garden is an activity that provides great satisfaction, but it requires some work, constant care, and close attention to avoid ruining months of effort. Our society has put aside the knowledge and the pastoral culture that was once transmitted from one generation to another. That's why this this manual can be very helpful; it contains everything that you need to know about how to organise and run your piece of land in the best possible way. Within this book you will find information about: Different types of garden (in confined spaces, on uneven ground, in the yard, in the garden, on the terrace...), traditional farming and biodynamic cultivation, the required conditions (water, wind, light), etc. Organisation and execution of tasks (succession of crops, soil preparation, fertilisation with chemical and natural fertilisers...), care of the crops (planting, transplants, multiplication, pruning and grafting, protection against diseases, invasive plants and parasites), harvest and conservation of your products, species that can be grown (seed, fruit, root and leaf vegetables, herbs, berries), common mistakes and how to avoid them. A farmer's calendar, with the tasks to be carried out every month, and a lunar calendar, for those who prefer to work following the cycle of the moon.

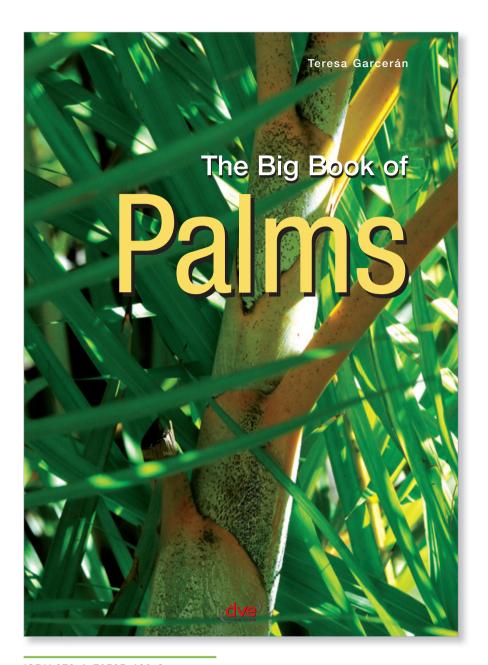


### ISBN 978-1-78525-268-6 Format 160 x 245 mm, 160 pages 50,000 words

In this book you can find a complete sequence on vegetables, from planting to the growing phase, and also from the production phase to the new vegetative phase, accompanied by all the necessary and useful details. Inside you will find:

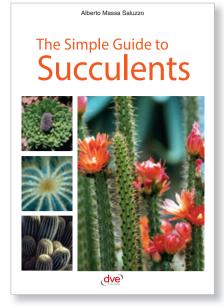
- How to plant a garden on a rough terrain.
- How to grow root vegetables and what you should know about each plant.
- How to distinguish bulb vegetables and false bulbs.
- What to do when your onions are not as good as expected.
- How to plant artichokes.
- How to accelerate the growing and the ripening of pumpkins, zucchini, cucumbers and other similar vegetables.
- What are the main diseases that tomatoes can have and how to prevent them.
- What are the best beans to grow and how to collect and preserve them.
- · How, when, and why to prune.

With this extensive guide, complete with practical steps, your will learn how to grow the most suitable vegetables in each soil. This book is very easy to read, practical, and includes many colour illustrations.



ISBN 978-1-78525-620-2 Format 170 X 240 mm, 220 pages 34,000 words

Palm trees are capable of evoking the sensation of distant paradises — the reason why they are becoming increasingly appreciated and valued as decoration for gardens and open spaces. In our country they have been integrated into parks and squares in many cities. Besides being beautiful ornamental elements, they are grown for the artisanal industry of palm-production, and also for the collection of dates, especially in agricultural systems that have good water efficiency. Palm trees will beautify the garden of a house in a very special way and will provide a cosy atmosphere. In these pages, the author presents a comprehensive guide with over fifty records of the different species and all indications and advice necessary for cultivation and care; she also explains the morphological characteristics of palm trees, the distribution of its habitat around the world, the tasks necessary to cultivate them, and the different pests and diseases that can affect them.



### ISBN 978-1-78525-278-5 Format 145 x 205 mm, 48 pages 12,500 words

This comprehensive guide will accompany the reader into the fascinating world of succulents, plants of extraordinary beauty that come in multiple shapes. Furthermore, this book will reveal everything you need to know to successfully plant this species. All these plants have the ability to adapt to arid habitats, which makes them relatively easy to cultivate and explains their presence in all environments, from gardens and urban terraces to the small window of a house.

Presented in a practical format, you will find the tips to understand and appreciate their characteristics, recommendations to avoid the most common diseases, and care instructions: planting, irrigation, fertilisation, pruning, etc.

# The Dwarf Conifer Guide White is a second of the conifer Guide in the

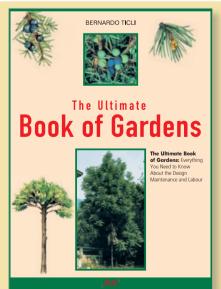
### ISBN 978-1-78525-279-2 Format 145 x 205 mm, 48 pages 13,500 words

If you like creeping plants and dwarf conifers, you will find the basics to choose the best plants and use them in flower beds and garden edges in this book.

This is a practical guide that provides all the cultivation care that these plants need: planting, irrigation, fertilisations, pruning...

You will discover a number of useful tips for designing and arranging your plants.

You will learn all necessary measures to prevent and treat the most widespread diseases.



### ISBN 978-1-78525-274-7 Format 170 x 240 mm, 96 pages 24,500 words

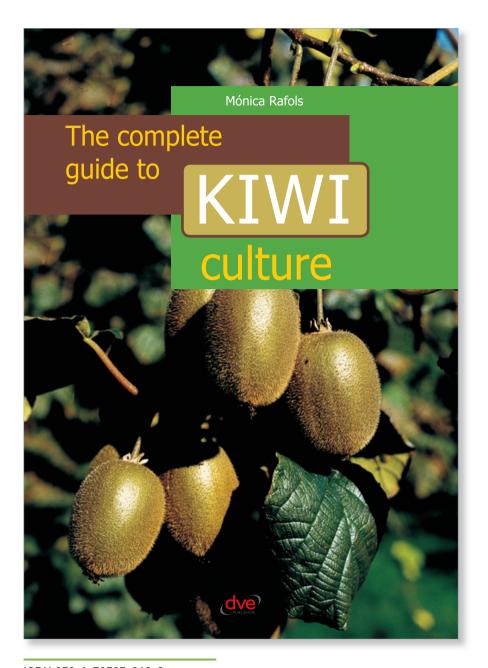
Do you have the seeds of a rare plant and want to know how to cultivate it? Here you will find a list of almost two hundred herbaceous plants, with information about exposure, size, characteristics, ideal use, time of flowering, and general information on cultivation procedures.

Do you want to plant trees but want to know beforehand what to expect about the fruits and flowers, size, flowering time, etc.? We offer you extensive tables with all the species that might be interesting for you.

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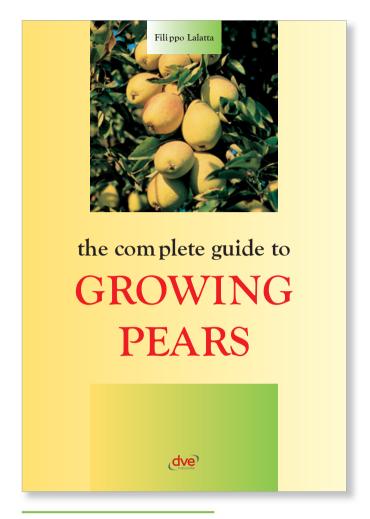
Do you like a particular type of flower: hydrangeas, roses, etc.? We provide specific pages about them full of details.

Would you like to use part of your garden to grow medicinal plants and get a natural pharmacy outside your home? Open this book...



ISBN 978-1-78525-269-3 Format 170 x 240 mm, 128 pages 30,000 words

Native to New Zealand, the kiwi conquered the northern hemisphere markets a few years ago, and today Westerners still appreciate the vitamin virtues and its many gastronomic qualities. In this work you can find everything that you need to know about pruning and grafting shrubs, plant care, watering, flowering, pollination, and fruit growth. You will also find information about its harvest and conservation and also about its transformation through tasty and exotic recipes of jams, cakes, and sweet and salty dishes. With this comprehensive guide, illustrated with numerous drawings and photographs, you will discover that the Actinidia is also a rather rustic ornamental plant that adapts well to our temperate climate and that can even bear the cold environments.



ISBN 978-1-78525-266-2 Format 170 x 240 mm, 128 pages 29,000 words

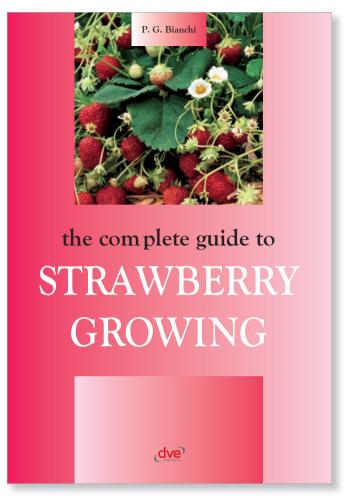
Its juicy pulp and excellent flavour make the pear one of the most consumed fruits in the country.

The pear crop requires a significant investment of time and financial resources, but it also needs a good knowledge of the techniques of soil preparation and pruning and grafting in order to achieve an adequate growth of the tree and a good production.

We must have knowledge of the requirements of this fruit, provide the most suitable soil, an irrigation according to its needs, and a good protection against the weather, diseases and insects, so that it can ripen in optimal conditions.

All these issues are clearly set out in this book, which lists the different varieties of pears and explains the weather conditions that are best for each one.

Two chapters complete this book and make it an essential guide: one dedicated to organic farming and the other to the estimate cost of the crop.



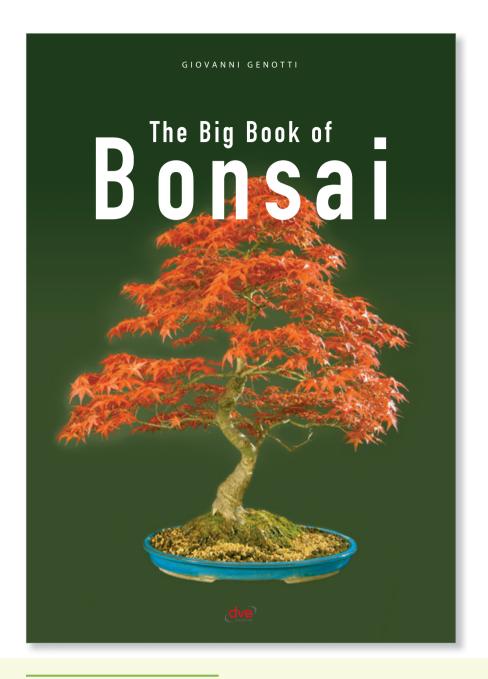
ISBN 978-1-78525-267-9 Format 170 x 240 mm, 96 pages 20,000 words

Highly valued by gourmet chefs, easy to grow, and profitable, strawberries seduce all those who wish to diversify their production to a big or small scale.

We must have knowledge of the requirements of this fragile fruit, provide the most suitable soil, an irrigation according to its needs, and a good protection against the weather, diseases and insects, so that it can ripen in optimal conditions.

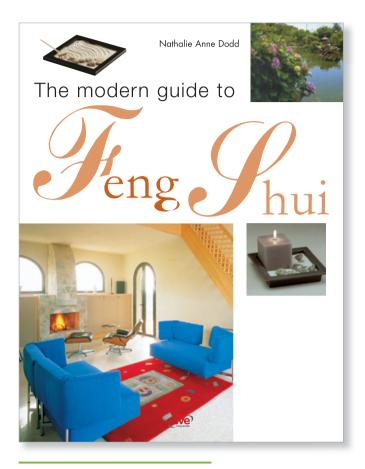
All these questions are presented clearly in this book, which lists the different varieties of strawberries that are suitable for our climate.

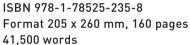
Within this book there are two chapters that offer valuable information and make this book a comprehensive guide on the subject: one dedicated to organic farming, and the other focused on the regulations regarding quality, size, and packaging of the fruit for commercial.



ISBN 978-1-78525-290-7 Format 225 x 310 mm, 176 pages 33,000 words

Bonsais, masterpieces of both nature and man's hands, have reached a high degree of perfection. It combines the balance of volumes and compositional lines, the harmony of shapes, and the play of lights and colours. The view is enraptured when contemplating these small trees carefully: It glides through the leaves, the branches, and the bark, and it delves into the recesses and stops at the buds. Because, although miniaturised, a bonsai is a real tree in all respects, and like the other trees, it follows the seasonal cycles and, when the time comes, is covered with a green colour, flowers, and even fruit. The art of gardening, aesthetic sense, philosophical principles, lifestyle, exchange between cultures, passion for nature and gardening, etc. come together in so many wonderful plants like those that fill these pages.



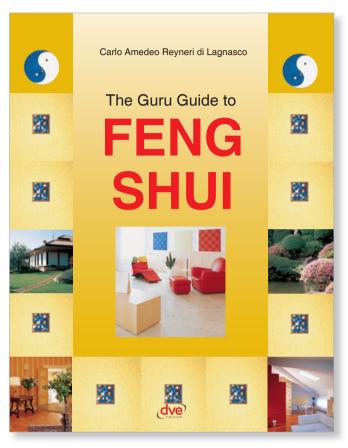


Discover and interpret the principles of Feng Shui in a modern way in order to achieve peace, balance, and harmony in the house itself and in life.

Learn to identify different areas in space related to health, love, prosperity, and success.

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ISBN 978-1-78525-318-8 Format 170 x 240 mm, 160 pages 40,000 words

Feng Shui is the art of living in harmony with your space and getting the most benefit, peace, and prosperity out of your home or workplace. Here you have a guide to discover the disharmonies that exist in your home, in your office, or even in your garden and how to eliminate the negative influences. Use this manual to correct the elements that can be causing an imbalance in your home. For example: do you see annoying objects like poles, antennas, etc. from your window? Are you standing with your back to the door while cooking? Is the refrigerator located in front of the stove? What do the mirrors reflect? What is your headboard leaning on? Where is the bathroom located?

Discover the most favourable orientation for your home. Beware of rooms that draw a cross! This is an illustrated guide with numerous photographs and drawings that clarify any situation and offer a multitude of solutions that can be implemented right away. This millenary wisdom has its origin in Taoist philosophy, which analyses our connection with the space and gives us the keys to harmonise every aspect of our domestic and working life.

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